

# Facts on Benefits of Dental Implants from our National Dental Implant Expert Dr. Irfan (Ivan) Atcha

## Who Can Benefit From Dental Implants?

Those needing implants are not alone! Millions of Americans could enjoy a *better quality of life* and have *better health* with implant care. 35% of those over 55 years of age are missing their entire upper or lower teeth. 15% of those aged 40-44 and 26% of those aged 65-74 are missing ALL their teeth.

## Can One Be Too Old For Dental Implants?

Those who are 65 yrs of age and in average health will likely live **17 more years**; that's two generations of chewing poorly. Those without teeth don't live as long as those with teeth or implants. For those who want to live longer, implants may help.

## Why Do Implants Work So Much Better than Dentures For Eating?

Natural teeth have **150-250 pounds per square inch (PSI) of chewing power**. The first set of dentures has **50 PSI** (80% less power than the natural teeth). After 15 years, dentures have 6 PSI (98% less power!). Lower dentures also bounce off the jawbone up to ½ inch during chewing making it difficult to put pressure on food.

Implants can restore 95-97% of the chewing pressure of natural teeth.

## Does Nutrition Suffer Wearing Dentures?

With dentures and **2% chewing power**, nutrition can be severely affected and;

- Lead to a high carbohydrate, soft food diet causing either severe weight gain or loss both of which cause further health problems
- Reduce the ability to taste food and reduce eating enjoyment
- Make eating favorite foods (steak, nuts, etc.) difficult

## Does Poor Nutrition From Dentures Create Health Problems?

Poor nutrition also means *more health problems* and;

- *More illness* due to a suppressed immune system
- *Decreased life expectancy* (up to a 10 year shorter life span)
- Increased chance of death by choking on dentures
- *More need for prescription drugs* and more general diseases, especially stomach/intestinal disease

### **Can Implants Improve One's Facial Appearance?**

Implants can help with premature ageing by providing a “lift” to the lower part of the face without plastic surgery.

It isn't common public knowledge but when teeth are missing, the jaws deteriorate and dissolve; partials and dentures speed this process. Anywhere a tooth is missing will continue to dissolve *forever* unless implants are present. Bone loss around implants however is less than 1/16 inch over 20 years.

This bone deterioration affects the face and makes one **appear older** than one's natural age. The visible changes are:

- Increased “bulldog” appearance to the lower jaw
- Increased “frowns” at corners of the mouth
- Increased thinning of the lips (especially the upper lip)
- Increased “frowns” at the corners of the nose
- Increased lines around the mouth

### **What About Having Nice White Teeth Again?**

is the only dentist in Dyer, IN that imports special cosmetic teeth from Switzerland for his Method of Implant Dentistry.

### **Can Implants Improve My Social Confidence?**

A recent statistics stated that, “85% of folks in nursing homes have an upper denture but most don't wear it. In fact, for many grandchildren the last memory of their grandparents is with no teeth.” Implants avoid this problem. Implants end the embarrassment of loose dentures at family and social functions, speech difficulties from dentures, and bad denture breath. They allow one to dine out with ease. Implants can also improve confidence in social and dating situations.

### **Do Implants Prevent Further Tooth Lost?**

Implants help prevent further teeth from being lost. Partial dentures and bridgework greatly increase the risk of losing more teeth due to the excessive, wrenching, and unavoidable stresses they put on the other teeth.

### **What About Success Rates?**

Great News--Success rates have never been better. Implants are 97% successful overall and are more successful than artificial knees [knees have **20% reoperation in 10 years**] and hips [**hips are designed to last 10 years**] and are replaced far less often. Artificial eyes are more successful but they do not restore vision.

### **Has Treatment Time Gotten Shorter?**

Dr. Atcha has developed proprietary techniques that speed up implant treatment. In some cases, 2-4 weeks is all it takes as compared to 24 months in the past. Dr. Atcha Methods are very unique to his Dyer, IN practice. Treatment times any shorter than this are unlikely since Mother Nature does have limits.

### **Can I Have All My Care Performed In One Office?**

Dr. Atcha Method Implant Dentistry is very special since all care is in one location. Only those patients that prefer less hassle, more convenience, fewer visits, shorter treatment time and less total cost compared to running between 2 or 3 dental offices should choose Dr. Atcha Method Implant Dentistry.

**Patient Stories of Dr. Atcha Implant and Sedation Dentistry can be viewed on [www.youtube.com/drirfanatchadds](http://www.youtube.com/drirfanatchadds)**

If you know of a friend, co-worker, or family member who either is missing teeth, a “dental disaster,” incredibly afraid of the dentist, or is unhappy with their dentures or appearance and would like a permanent solution to these problems, let them know about Dr. Atcha Method Implant and Sedation Dentistry and that Dr. Atcha’s office is the place to take care of them. They can contact us at 219-227-4509 and they can check out [www.DyerFamilyDentistry.com](http://www.DyerFamilyDentistry.com) or [www.ChicagoNoDentures.com](http://www.ChicagoNoDentures.com) or emails Dr. Atcha with any questions at [dratcha@sbcglobal.net](mailto:dratcha@sbcglobal.net). Call us or Email us TODAY!

To your health and smile

Your Dyer Family Dentistry Team!